

West Moors Dementia Action Group

This group was set up by West Moors Parish Council in 2015 following a challenge by the Prime Minister of that day to establish 100 groups nationwide within one year. That number was far exceeded and has continued to multiply many times over.

The aim is to create Dementia Friendly Communities where people living with dementia feel safe and where local shops, businesses, etc, have a basic understanding of how dementia affects people and are able to give their customers time : to listen, be patient and understanding.

We hear many jingles these days. Here are a couple:

'Little things mean a lot' and
'Every little helps'

Making small changes can make a BIG difference to people living with dementia, their carers and visitors to the area. Everyone can help.

What is involved?

We seek to improve the experiences of local people living with memory problems and other situations such as isolation and loneliness.

Working to become a Dementia Friendly Community

In Partnership with
Living Well magazine

A highly respected and very useful magazine for health professionals, families and individuals. It has articles to help support people with dementia, their carers and others who may feel a little isolated, lonely or just need a bit of encouragement to help them get out and about and enjoy a wide variety of activities and groups available in West Moors and surrounding areas. Do pick up a copy. They are free. Many of the shops and businesses in West Moors have the magazines available, including our Library.

We are members of the

DAA Dementia Action Alliance

For information about the National Dementia Action Alliance, visit the website at:
www.dementiaaction.org.uk

Who is involved?

The West Moors Dementia Action Group is made up of people from the local community: individuals, representatives of any local groups, businesses and health & welfare places within the community.

Our group meets approximately every 2 months to plan and discuss upcoming activities or action.

We are grateful for the continued support of West Moors Town Council.

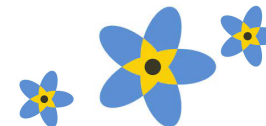
If you are interested in being part of this 'Action Group' do please get in touch. We'd love to hear from you.

Our Aim: is to develop a high level of public awareness and understanding so that people with dementia and their carers are encouraged to seek help and are supported by their community.

Only by being more inclusive of people with dementia can we help improve the ability of those affected to remain independent with choice and control over their lives, at whatever stage.

For more information or comments :

West Moors Dementia Action Group



I am interested in being part of the WM
Dementia Action Group.

I would like to know more about support
for Carers

I would like to know more about activities
for people with dementia.

I am interested in exploring how I could be
involved in some way.

Name :

Address :

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Telephone :

Email :

Comments :

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Contact:

Lynne : Chairperson
lynnemorrislp@btinternet.com



DAA

Dementia
Action Alliance

Leading the fight
against dementia

Alzheimer's
Society

Be part of the
West Moors
Dementia Friendly
Community



Helping your
community become
dementia friendly