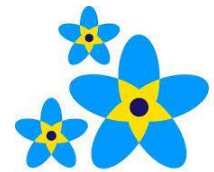




**West Moors Dementia Action Group**  
**Notes of meeting Monday 15th January 2024**  
**St Mary's WM 2-3pm.**



1. **Present:** Alex (Town Council), Kate (SocialPrescriber), Rachel K (Social Prescriber), Jo B, (Local Resident), Lynne (chair)

2. **Apologies:** Sarah R (Jolly Days), Dawn (SocialPrescriber)

3. **Updates from last meeting:**

**Christmas Tree Festival:** The organisers (St Martins,URC ) felt this had again been well supported. they had nominated our WM Dementia Action Group as one of their charities they were supporting. We await with interest to receive a financial gift for our work in the community.

**In Jolly Good Company:** Sarah has secured funding. This is being launched on Wednesday 27th March, 2-4pm at the Guide Hall in Ashurst Road WM. Anyone wishing to attend must let Sarah know (for numbers). Thereafter, it will be on the 2nd and 4th Wednesday each month. If you know anyone who may benefit from this group please put them in contact with Sarah to book their place.

**Facebook:** Fo provided a list of all the things that had been put on our Page and some of the responses, which is encouraging. It is slowly gaining 'Likes' and other interest. We are all encouraged to share the page with as many of our own contacts as possible and to get us noticed. Jo has made a lot of connections with other WM groups etc.

4. **Living Well magazine:**

The 9th addition is about to start gathering information and articles, and advertisers. The deadline for any items under West Moors to be with Lynne by 26th February, Distribution 8th April.

5. **Fundraising:** All other area groups tend to have substantial funds, sometimes work towards big projects and have reserves for other needs. By comparison our funds are small, but sufficient for our current needs. However The Living Well which has a sponsor at present is not sure if they will be able to continue which would mean each area group having to find funding in equal portions to fund the magazine in the future. !  
All to put thinking caps on regarding generating funds.

6. **National Dementia Awareness Week:** 15-21 May. We spent some time bouncing ideas around for this week long awareness:  
Location for any events: The Library and/or St Martins Church. LM to speak to our new Librarian.  
Possible inclusion:

- a one off Memory Lane for anyone to attend/watch (Prama);
- Benefits Liaison or CAB re benefits;
- a one off Jolly Days session for anyone to attend/watch;

- DAG Literature and Living Well magazine
- Invite the Community Singalong URC - who meet on that Thursday, 16th, to advertise and promote. making it a special event.
- Social Prescribers - to encourage and promote healthful activities.
- > please add more ideas if you have them and let us all know. a.s.a.p

**Library opening times** are:

Monday 2-5pm  
 Tuesday 2-6.30pm  
 Wednesday Closed  
 Thursday 9.30am-1pm, 2-5pm  
 Friday 9.30am to 1pm  
 Saturday 10am -12.30pm

It was also suggested 'we' make contact with our 3 schools to see if they would be willing to have some form of dementia awareness within their school for the whole school during that week. What and how? Who to organise?

Similarly, local businesses: perhaps an online link to Dementia Friends and some easy means of them letting us know when all their staff have done it.

Also Posters for their windows. Need info/links Who to organise ?

**7. WESTIVAL** Saturday 13th July on Fryer Fields. 10-4

Do we want a pitch? This is a Fun Day for all the Family and we acknowledged that information about Dementia is not going to attract passers-by. Rachel mentioned the Dementia Bus that gives virtual tours/experience of what it is like living with dementia.. Clearly out of our price bracket. If we join with another group, say one of our care homes there is still the question of what we are offering that will attract and draw people into conversation. This is a difficult one and we need to make a decision at the next meeting.

**8. Needs, Vision and Groups:**

Rachel mentioned that Transport was the greatest need. There are many groups and activities available, but many are unable to attend through lack of transport. There is a shortage of voluntary groups such as Good Neighbours drivers and some won't go outside their area or only do medical trips. Taxi's are far too expensive for the majority.

At last meeting it was suggested a Questionnaire be put together for Carers. Is anyone able to action this and make it available to all. See Nov.'23 notes.

**9. Date of NEXT Meeting: Tuesday 12th March, 2-3 St Mary's church hall.**