

West Moors Dementia Action Group

Notes of meeting:

Monday 10th Jul 2023

The Hall at St Mary's WM 2-3pm

1. Present : Lynne (chair), Jenna (Moors Manor), Angela (WM resident), Rachel (social prescriber), Jo (WM resident)
Apologies : Pip (social prescriber), Alex (town council), Sarah (jolly days)
2. Updates from last meeting
 - >National Dementia Action week (May) - Thanks were expressed for the many businesses who readily displayed a poster. We again were given a postbox topper and this has now been returned as per last year
 - >In Jolly Good Company explorations - Sarah, her colleague Annie and Lynne (Jo was unable to join us on this occasion) visited and had a guided tour of the facilities for the small hall at the WM Memorial Hall. Whilst the room was clean and well maintained with an excellent kitchen adjacent, concerns about access to the room for people in wheelchairs and also access to the accessible toilet (particularly in the winter months), means we are still looking for a suitable place to hold Jolly Days. A number of suggestions have been made. An approach to St Mary's has been made, but no response yet. The Guide Hall in Ashurst Rd, The Pavilion in Fryer Field, and outside WM - the Village Hall at 3Cross are all being looked into.
 - >Westival - Thanks to Barchester (Moors Manor) for a space on their table/stand. Some good conversations were had and though initially damp and with low numbers, it picked up early afternoon when the sun came out. The response to literature and wiggle worms was quite poor. Early consideration next year on what we would like to do - possibly something to do with memory aimed at everyone?! WESTIVAL is a Fun Day.
 - >Crocheted wiggle worms, made by St Mary's Knit&Natter have been handed to our social prescribers to help young and not so young people to ease anxiety and stress. Rachel expressed grateful thanks to the ladies of St Marys.
3. Living Well magazine : Deadline is today for the 7th edition. All items and photo's have been sent off. Advertising is improving and Lynne advised that we now also have a sponsor for a couple of years which is great news.
4. Fundraising : Jenna mentioned another event being organised by Moors Manor - the Big Bake Off and using 'Just Giving'. WM businesses would be approached to participate in purchasing a cake. More details later. Jenna suggested some form of advertising leaflets could go out with the cakes. Use the Generics or something geared specifically to the business community ?
Any ideas? Action : All
All members of this group to consider ways/means of fund-raising. We do have some funds now but need to keep one step ahead of the game.

5. AOB :

> Generic leaflets - These are now getting out to people. Jo and Rachel have taken some and Lynne to deliver to WM Library. **Action : as stated**

> Dementia Awareness Sessions - It was suggested that Admiral Nurses may be able to help.

> We discussed - 'What we are actually trying to do' as a group. This is two fold, in sourcing or creating activities that are suitable for people with dementia and/or carers and also raising awareness of dementia, particularly with our local businesses. Alzheimers used to provide window stickers for businesses who signed up to being Dementia Friendly. Consideration of how we might reach the businesses is ongoing. The Bake-off fundraising above may help get this started.

> We were also informed that Help & Care are running Roadshows, the next nearest is 19th September 12-2 at The Hub, Verwood. No need to book, just turn up.. They might also be able to help re awareness sessions.

6. DNM : Tuesday 26th September, then Monday 20 November. Both 2-3pm and probably at The Hall, St Mary's Church.tbc.