



West Moors Town Council

Issue 1 2023 Newsletter



WESTIVAL 2023 - Saturday 8th July 12-4pm

WESTIVAL 2023 is on the horizon! Please put Saturday 8th July 2023 in your diaries, as it is the only annual community event in West Moors, with something for everyone and entry will again, be FREE.

If you have a catering company, a stall, or an entertainment service you would like to bring, or alternatively, if you would like to help on the day or towards sponsoring the event, please contact Amie Fawcett on 01202 861044, or email: office@westmoors-tc.gov.uk

FITNESS ON FRYER FIELD

On Friday 6th January, a set of new outdoor Caloo gym equipment was installed at Fryer Field.

A 'free to use' fitness solution, this outdoor gym equipment can be found at an easy to access location, by the MUGA (Multi-Use Games Area), and is able to use 24/7.

You can hop into spring 2023, with a new fitness level- if you come and make the most of the fresh air and this free facility.

There are 5 different exercise units for a full body workout.

One rower, one set of exercise bars, one lateral pull and chest press combi, one leg press, and an arm bike and wheels.

This equipment has everything you need to stay fit and enjoy the workout outdoors!

On each piece of equipment, there are instructions for use and a QR code to download an app for workouts and guidance.

It can have long-lasting benefits to the community, including improvements in social cohesion, community health and a reduction in anti-social behaviour, loneliness and isolation.

We hope residents enjoy the equipment but must remind all to be sensible and 'exercise' caution when using it.



Bi-monthly litter picks of 2023

In January, sixteen of our trusted litter heroes came to our aid once more, removing over 20 bags of rubbish off the streets of West Moors. It was a shame to see that the New Year did not bring a new attitude for some.

For volunteers, there is a feel-good side of litter picking - not just the cleaning up - it connects you with nature and other people, increasing the activity levels and connecting them to others.

One volunteer said: "when you're out there, you talk to people you would not get to see whilst rushing around in your daily life. You start to talk about the litter, but then you're having a good old natter".

Another added: "People thank you for doing what you do, and it makes you feel good about yourself, giving you purpose".

During the March litter pick, we saw fresh faces from new recruits, one bringing his dedicated children along, which was perfect, as it is their future we are trying to protect, as well as our present.

One of our volunteers hobbled on her rounds with a painful foot (we would have insisted on her giving apologies if we had known!), another climbed into a ditch to retrieve hidden rubbish (not recommended due to health and safety) and last but not least, one volunteer kindly spent extra time separating the recyclable items from landfill ones, helping the planet that little bit more.

The sincere dedication of our West Moors residents is undeniable.

Between them, 26 bags of rubbish were cleared. An unacceptable amount of cigarette butts were torn off the pavements. Cigarette butts are made of a type of plastic (plasticised cellulose acetate), and are not biodegradable, taking up to 14 years to break apart, their toxins seeping into the earth. They break apart into microplastics which stay in the environment for an unknown period of time. Fourteen years due to one second of selfishness. Before you flick, please think, and Bin Your Butts.

You can join us on our next litter pick on 8th May, 10am at the council office, to coincide with the BIG HELP OUT for the King Charles III Coronation weekend.

Why not share with us your success stories and perhaps a picture of you and the waste you have collected?

Please visit our website for information and guidance on litter picking.

New seating at Fryer Field

A new bench has been installed by the outdoor gym equipment, at Fryer Field, opposite the artificial grass pitch.



Public seating acts as meeting points for friends, a peaceful rest-stop for some, a spot to enjoy lunch or even a good book, or in this location, a chance to rest in between work outs!

King Charles III Coronation badges for sale

Commemorative King's Coronation badges are now available to buy at the council offices, for only £1 each.



Apprentice or Vocational Grant

West Moors Town Council were delighted to award Jessica White, aged 16, with a grant of £250 under the Apprentice or Vocational Training Grant scheme, in January this year. The last time an award was received under this scheme was November 2021, so it was a pleasure to be able to help Jessica with the purchase of a camera to aid her photography course.

Dementia Action Group Grant 2022/23

A grant of £750 was awarded in March to help this Action group continue to be able to hold regular meetings, run dementia friends' sessions and seek ways of supporting people with dementia, and their carers. To apply to join the Local Dementia Action Group and commit to work together to improve the quality of life for all people with dementia and their carers, please contact the library on 01202 873272.

Home-Start Wessex Grant 2022/23

To assist with helping vulnerable and disadvantaged families with young children through challenging times, West Moors Town Council awarded a grant of £550. Covering a large area of Dorset, and across the borders of Hampshire and Wiltshire, in the last year, they helped a record 246 families. WMTC hope this grant will increase that number and help reduce the number of difficulties the families face.

East Dorset (ED) and Purbeck Citizens Advice Grant 2022/23

Being an independent charity that provides free, confidential and impartial advice and support, WMTC awarded £800 towards helping everyone find a way forward, whatever their problem. Their Mobile Advice Bus will soon be on the road visiting rural locations in the East Dorset and Purbeck area, reaching many more residents when help is needed at this difficult time. Watch this space for details of bus stop locations, dates and times.

Good Citizen Award 2022/23 deadline closes soon!

The closing date is 31st March 2023.

There is no doubt that there are plenty of people out there in West Moors that go above and beyond for one or lots of people, that may not ask for, but would appreciate recognition.

We do hope to hear from you.



Cemetery Clean Up Saturday 1st April 2023.

If you have any questions or need any help removing any items from graves you are responsible for, before the date below, please let the council office know, and we will do our best to help.



NOTICE

West Moors Town Council will be carrying out an inspection on Saturday 1st April 2023 10am.

Please collect all ornaments, tributes, receptacles, glass/ceramic, solar lights, frames etc, that you wish to keep.

All items that do not conform to the current regulations will be removed



**Contact WMTC on 01202 861044 or
office@westmoors-tc.gov.uk**

Annual Town Meeting Thursday 13th April, 2023 7pm

This year's Annual Town meeting is being held, as in previous years, at St. Anthony's Church Hall, 8 Pinehurst Road, on Thursday 13th April, 2023, starting at 7pm.

We are lucky to have Guest Speaker, Dorset Police and Crime Commissioner, David Sidwick.

Join us, to find out what we have been doing over the past 12 months.



*Have your SAY
ask the QUESTION*



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Office Opening Hours:
Monday to Friday 10.00 – 2.00
Wednesday Closed
Saturday 10.00 - 11.00