WM DAG Notes of meeting held on Wednesday 21st September 2022

Present: Alex Clarke, WM Parish Council; Pip Prantl, Social Prescriber; Victoria White, Kiteley's solicitors; Tunde Zsiko, Brook View; Lynne Morris, St Marys Parish Church (Chair).

Apologies: Angela McVeigh Library, Jane Hutchings Dorset Council, Rachel Kelly Social. Prescriber, Jenna May Moors Manor.

At short notice our venue had to be changed, Angela, our Librarian having badly twisted her knee and unable to attend and provide the library space. We are grateful to St Martins who gave us the use of their church to meet in.

General opening conversation brought offers of meeting space at short notice from Tunde (Brook View c/h), and Victoria (Kiteley's) if we needed that at a future date. We wish Angela a speedy recovery.

Review:

Westival - Alex, a Parish Councillor was the only one present who had attended this event run by our West Moors Parish Council. It was well attended and a good day.

'Tea & Cakes'. Pip was able to tell us a little more about this event, held at the WM Memorial Hall hosted by Michelle & Rachel from Moors Manor c/h and for Carers generally. Feedback from some of those who attended was that it was very good and much appreciated. More to follow...

Newer activities:

Carers Cafe 3rd Tuesday each month at St Martins, URC (moved from Moors Manor, *now under PramaLife*).

Stress Busters - last Tuesday monthly 2-3.30pm, opportunity for Carers (of those with D) to be equipped with useful information and resources through various speakers, and through mutual support. The present issue is a reliable venue. Care Homes, as provided by Kings Park are great, but vulnerable to spontaneous Covid closures.

Group now listed on the Carers Dorset webpage under help and advice. Contact: Kath Money is 01202 892518 km.m@btinternet.com and Janet Capp 01202 875495. bjap@btinternet.com

A **Webinar** with information about Will's etc. is provided by Kiteley's **Sensory Walk** at Avon Heath - Pip mentioned this was taking place on Tuesday morning 4th October. Information gleaned from AH since this mtg is that transport may be an issue for some.

Memories, tea and me is starting at the Library: monthly from first Tuesday in October,: a chance for people to get together meet others and enjoy the memories of the past. More information on posters. (emailed to Pip)

UPDATES:

Garden Group - Still awaiting an update from Tim. It was mentioned that other similar garden projects fairly local are also active. Sturts Farm have been celebrating 30 years since it began and do an amazing job working with adults with learning disabilities.

Living Well magazine: Issue 5 is now being put together. Deadline 22nd October for anything relating to WM - to Lynne. Please ensure anything sent is proof-read by someone other than the author and spell checked, and any activities to be included in the What's on have **What** it is, **Where** it is, **When** it is (day,date,time), **Who** the contact person is for more info or to book (as appropriate) and **Contact number.**

Anything for **Surrounding Area** can be sent either to me or direct to Emma Regan.

Christmas Tree Festival and village Carol Service

Christmas Tree Festival at St Martins, opening to the public on Wednesday 30th Nov. till Saturday 3rd Dec. Open times: We.-Th. 10.30 - 5, Fr 10.30 - evening, Sa 10.30-12 noon.

The West Moors Town Council and West Moors Youth Club have arranged for Father Christmas to arrive in the village on Friday December 2nd and Carols on the Petwyn will also take place 6 p.m. on the Friday evening.

Setting up of the tree's will be on the Monday and Tuesday 28th/29th November. Contact Muriel Moor to book your 'tree' space, or simply come along to enjoy. Tell others about it.

*Something to think about . . .

What else?

How are we providing support for people with dementia How are we providing support for carers of those " " "

Chat Cafe Local - Pip mentioned this project, the initiative of Ann Anderson who is funding it herself. She organises space in cafe's where people who are lonely or with dementia, etc can go for a cuppa and have someone to chat with. This information has been passed to Emma re the Living Well magazine.

Q. Would anyone be willing to take responsibility for organising/running a Dementia Awareness session for the community - somewhere within the village?

The meeting closed just after 8pm.

Date of next meeting: Wednesday 18th January 2023, 7 p.m (subject to Library availability)