

West Moors Dementia Action Group
Notes of meeting Monday 20th November 2023
St Mary's WM 2-3pm

1. **Present:** Angela (WM Resident), Alex (Town Council),
Kate (SocialPrescriber), Dawn (SocialPrescriber), Lynne (chair).

Apologies: Sarah R, Rachel K, Jo B and Charlotte(BV).

>Dawn and Kate were welcomed on their first time. New Social prescribers for D=West Moors, and K=Ferndown.

2. **Updates from last meeting:**

Facebook Page: Jo sent an update having been tasked with looking into the setting up of a Facebook Page. This has been done and the page is up and running. Thanks were expressed to In Jolly Good Company and Caroline for their help in setting up. Jo had included general information about our Group and aims and will try and add something new at least every two weeks to keep it fresh. As at 18th Nov'23 we have 22 likes and 25 followers. We are asked to encouraged others to look at it often. and to spread the word. Our thanks to Jo for all her work in getting this up and running and maintaining the Page.

In Jolly Good Company: Jolly Days in West Moors. Sarah indicated that it is still expected that this will launch in Spring 2024. She is still waiting to hear whether her application for funding has been successful. Poss.early December. Regarding venue - whilst Castlemaine Court provided excellent facilities, the meeting with residents was not very positive. It is therefore not an option and we will be looking to use the Guide Hall in Ashurst Road.

3. **Living Well magazine** - This is due out on 1st December. Dawn and Kate to have one box of the magazine -: to be delivered to Barcellos practice - to share out as needed.

4. **Fundraising** : Nothing further to add at present.

5. **Christmas Tree festival:** For information only - see agenda and last meeting notes. Dawn and Kate informed of what, where and when.

6. **Needs, Vision and Groups** in WM: It was suggested that a Questionnaire be put together for carers and also for those who have dementia as a means of trying to understand : what is needed/wanted to support them, including time of day. Q's also about where they have lived (incl.childhood), interests, hobbies, music preferences, prev.employment. holidays and places that are special to them, etc. Q. what are the barriers they face and what might help. Catchment within x miles of WM suggested. (possibly 5 miles?)

Dawn and Kate also recommended contacting Alzheimers for some copies of 'This is me' and 'Talking point'.

7. **Date of next meeting** is Monday 15th January 2-3 at St Marys, West Moors.