

West Moors Dementia Action Group
Notes of meeting Monday Tues 26th September 2023
The Hall at St Mary's WM 2-3pm

1. Present : Lynne (chair), Rachel (Social Prescriber), Jo (WM resident), Sarah (Jolly Days)

Apologies : Jenna (Moors Manor), Angela (WM resident) Alex (Town Council)

>Rachel advised that Pip was no longer in this post, but that Kate would be replacing her and a new social prescriber, Dawn, has been appointed to the West Moors medical centre. We look forward to meeting and welcoming them both.

2. In Jolly Good Company: Sarah updated indicating that Castleman Court had been visited, the facilities are very suitable and there is another meeting tomorrow 27th with some of the residents to see how they feel about being part of such a group and also having other people coming in from outside. The Guide Hall remains a back-up plan. Sarah is now looking at Spring to launch this new group. She informed that she likes to use local artists and musicians where possible. All present are enthusiastic to get this up and running in West Moors. The plan is to have 2 groups per month on Wednesdays. **Action: Sarah**

3 Fundraising: Deferred to next meeting1

4. Christmas Tree Festival: organised by St Martins URC chapel to bring the whole community together. We agreed to have another tree this year - Jo & Lynne to pool ideas and organise our WM dementia tree. 4th/5th Dec. to put up, open to the public Wed.6th until noon on Sat.9th Dec. **Action : Jo & Lynne**

5. Help & Care Roadshow -a free open event at The Hub, Verwood a week ago but very few local folk attended. We had a discussion as to how to engage with people and encourage them to attend such events that offer many resources that could help and support them. No firm conclusion.

6. Facebook: A while back we had talked about having a presence on facebook to let people know who we are and what we are trying to do, but this didn't move forward. In advance of this meeting Jo sent an online link to a company that explained the differences between a page and a group, business and individual and how to go about it, with pros & cons. We had a conversation around this and Jo agreed to make contact with a connection of Sarah's to get some help and advice and any cautions to avoid pitfalls. Jo to continue to explore and feed back at November meeting. **Action : Jo**

7. Dement Friends Training : Vince White (Douch) and Sue Warr (Prama) are putting on two awareness training sessions at Corfe Mullen (Lesley Shand Funeral Service), Thursday 19th October and Tuesday 24th October, both at 2pm, for anyone from your teams, contacts or local businesses who would like to attend.

8. Date of next meeting: Monday 20th November 2-3pm, the Hall at St Marys Church, WM