West Moors Dementia Action Group

Meeting Notes Tuesday 12th March 2025

at Moors Manor care home.

1. **Present**: Lynne M, Jo B, Kate M, Penny Y, Laura M, Caroline F.

**Apologies**: Debbie R and Becca A, Kate C.

We welcomed Caroline Flay to the group.

2. **Actions** from notes: Confirmed

3. **Communications**: There were no new communications.

Group members were asked if they wanted to be in a group WhatsApp, to email their mobile numbers to Jo, who would add them to the group. Jo’s number is 07960650611

4. **Publicity** updates & actions:

* 1. Pocket Prompt cards: Lynne submitted a Grant application to the Town Council mid February for £114, but this will be on the March agenda. We are awaiting a response. The cards are now printed. Lynne brought a few to hand round. Everyone was pleased with the size and look. Kate M and Jo B are going to visit shops and business asap in West Moors with these and information about possibly having a collection box during the month of May.
  2. Collection boxes: Jo is liaising with Lynne on which company, boxes, artwork, etc.
  3. WM Directory - April, May, June. Jo has these in hand. We appreciate still being able to put a piece in saying something about our group, various aspects of dementia, or carers. Our thanks to Jo for sourcing information and writing these items each month.
  4. Living Well magazine: The next edition is due out approx 20th March. Lynne confirmed that it had now been proof-read by all the editorial group members and will be off to the printers very soon
  5. Website: Kate M has now learned the basics of how to set up a website. We were shown the various pages within it and how it works. All thought it looked good. Kate to continue some work on it, together with Laura, re the purchase of URL, domain name (possibly Dementia West Moors), and costs. \*There was some discussion around the type of site and the content. At present just getting it ready for, and with, content is an exciting step forward.
  6. Facebook page: Jo keeps this fresh and up to date with new items being added frequently. The number of 'likes' is steadily increasing. We have 83 followers. The Facebook link is here: <https://www.facebook.com/westmoorsdementiaactiongroup/>
  7. WM Town Council website: Jo contacted the office and updates have now been made.

1. **Youth Club** 10th March : Lynne and Jo attended the Youth Club on the arranged evening to discover that Jamie (whom we had been dealing with) had left as Leader of the group and not passed any information on. We met Tammi, the new leader and after a conversation she said she would love us to go and talk about dementia with the youngsters. We are now trying to find a suitable date.
2. **Dementia Friends Session**, 27th March, 5.30 for 6.15pm start. Lynne, Kate and Laura will support the session. Jo has been in contact with Shane who is coming to present the session. He has asked if there is a flip chart available to use. Lynne to enquire at St Marys church. Refreshments will be served as people arrive, with a suggested donation of £1. Others to help in the kitchen.
3. **WM Town Council Annual meeting** - 10th April 6.15 for 7pm start. Jo, Kate and Caroline to be there to set up and 'man' the stand. Jo has the literature etc for the stand. Jo to let Lynne know if more generic leaflets or other items are needed.
4. **Dementia Action Week** 19th - 25th May 2025: We discussed how much to do and agreed to Tuesday and Thursday mornings 10-12, with the option of extending each day for an additional hour to 1pm, depending on foot-fall and interest. We have our own gazebo and Jo has a suitable table. The feather banner will be put up and the wider banner to be put on the Library railings (Permission to be sought by Jo from within), if possible for the month of May, otherwise just the action week. Lynne informed that we will have a post box topper this year, to be put on the box outside the SPAR/Post Office. Refined details to be organised via emails.
5. **Fundraising** : There has only been a £40 debit from the account since last meeting but with bank charges also going to be taken later this month. No further income from our Just Giving page at present.
6. **AOB**:
   1. **Art for Dementia**: Lynne saw this advertised in another area, made enquiries and visited a group, that were very encouraging. Also spoke with Kate C (Social prescriber) as to whether this might be thought to be useful and welcomed in this area. Response very affirming. We need to find a suitable light location and someone to either lead or assist Lynne in leading. An offer of supplies from another (now closed) group has been made, if we go ahead. Action: Lynne to make contact with the local art group to assess help or support and look at locations.
   2. **Access to Wellbeing**, The Centre, Barnes Rd, Trickets Cross. A drop-in on Mondays 9-1 for help with any health issues including dementia, form filling, housing, etc. Described as a mix midway between SP's and CAB.

**Date of next meeting: Tuesday 6th May 2pm at St Marys Hall.**